



Provincial regulations for first aid training – Standard & Emergency First Aid

Our Standard and Emergency First Aid courses have been approved by Alberta Occupational Health and Safety (OHS). To ensure we continue to meet the requirements of Alberta OHS, First Aid Training Partners and Instructors in Alberta are reminded that for workplace first aid training, additional requirements identified by OHS need to be included.

Alberta Workplace Health & Safety First Aid Information

Goal:

To provide information regarding the Alberta Occupational Health and Safety (OHS) Code that is relevant to the workplace First Aider. This information must be included in all Red Cross First Aid courses for workplace recognition in Alberta.

Learning objectives:

At the end of the session, students will be able to discuss:

- the overall principles of the Emergency Medical Aid Act
- the overall principles of the OHS Code, Part 11 First Aid, as well as specific sections that apply to the workplace First Aider
- the overall principles of the Occupational Health and Safety Act and specifically the section addressing first aid records
- the sections of the OHS Code Part 29 Workplace Hazardous Materials Information Systems that apply to chemical exposures and first aid
- specific sections of the Workers Compensation Act that address first aid and injuries in the workplace
- how to contact Workplace Health and Safety in Alberta

Issue and review the following bulletins:

- [Automated External Defibrillators in the Workplace \(FA015\)](#)
- [Developing a First Aid Plan \(FA012\)](#)

- [Medication in First Aid Kits \(FA014\)](#)
- [Workplace First Aiders and Legal Requirements \(FA011\)](#)
- [First Aid Records \(FA009\)](#)

The above bulletins must be distributed to every course participant and reviewed in your first aid courses.

Alberta OHS contact information:

For more information about workplace safety or safe work practices, contact the Alberta Human Resources and Employment, Workplace Health and Safety Call Centre at 1.866.415.8690 or visit worksafely.org.

Knowledge assessment questions*:

The following questions regarding Alberta's legal requirements must be added to the existing Standard First Aid and Emergency First Aid knowledge evaluations.

AB1. The purpose of the Alberta Occupational Health and Safety Code, Part 11, First Aid, is to:

- ensure that every work site in the province is supplied with trained first aid staff, as well as the necessary first aid equipment
- ensure that every work site in the province is supplied with a transportation network for all workers injured while on the job
- ensure that every work site in the province has the equipment, supplies, and trained staff to provide first aid for workplace injuries and illnesses*
- ensure that every work site has its own certified First Aid and CPR Instructors on staff

AB2. Injuries and sudden illnesses that occur at work need to be recorded whenever:

- first aid is administered
- the worker is alone at the time of the incident
- they occur, regardless of whether first aid is administered*
- the worker has experienced repeated incidents

AB3. First aid records must be completed by the First Aider and maintained confidentially by the employer to:

- keep track of the number of injuries and illnesses for each worker and the number of times each First Aider uses his or her skills
- respect worker privacy and to demonstrate due diligence with regard to the new regulation*
- monitor the first aid skills that are administered by the First Aider and then use poor performance as a training example
- hide the number of injuries that are happening at every work site in any given year

** Knowledge assessment questions will be numbered AB1-3 for both Standard and Emergency First Aid courses.*

Provincial legislation for first aid training – Advanced First Aid

The Canadian Red Cross launched our new national Advanced First Aid Course in January 2013, to coincide with our revised Emergency Care Programs. Our Advanced First Aid course has been approved by Alberta Occupational Health and Safety since July 2001, utilizing our previous First Responder and Emergency Medical Responder materials and a supplement specific to Alberta. As of January 1st, 2013, the Canadian Red Cross utilizes the new Emergency Care text along with a new Instructor Manual and a scope of practice document that outlines the Advanced First Aid criteria for Advanced Workplace First Aid in Alberta.

Course materials:

Advanced First Aid Course Package (English)

(includes Emergency Care text)

Item number: 401-01-000010-2

\$110

[Advanced First Aid Course](#)

The knowledge evaluations and all supplementary documents can be found on our websites:

- [Training Partner website](#) > First Aid > Teaching Resources and Forms > Alberta
- [Instructor Network](#) > First Aid/CPR/AED > First Aid/CPR/AED Teaching Aids and Forms > Alberta

If you have any questions please contact your local program representative, Kaysha Edwards, at kaysha.edwards@redcross.ca.

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